



❀ **Jai Shri Ram | Jai Shri Krishna** ❀

We are feeling blessed to bring you the Ninth edition of our monthly newsletter.

November 2025 has been a spiritually enriching month at our Mandir, filled with devotion, bhajans, and moments of reflection.

During this month, our community gathered at the Mandir to witness and honor many auspicious days, including Dev Uthani Ekadashi, Kartik Purnima, Dev Diwali. Devotees came together for prayers, aartis, and bhajans, receiving divine blessings and sharing in the spiritual energy of these sacred occasions.

Towards the end of the month, the Mandir hosted a special Gita Pravachan on 30th November, followed by a Gita Parayan on 1st December to celebrate Gita Jayanti. Devotees reflected on the teachings of the Bhagavad Gita, recited shlokas, and came together in deep devotion and spiritual learning.

**The Mandir's planned renovation tasks are largely completed, with a few nearing completion. We genuinely thank all devotees for your support and contributions.** Without your devotion and active participation, this momentous task could not have even been imagined

**This month's newsletter covers:**

- \* Festivals and cultural activities
- \* Operational updates
- \* Renovation updates

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## Festivals and Cultural Activities

### **Dev Uthani Ekadashi**

The Mandir observed Dev Uthani Ekadashi with simple and heartfelt rituals. Devotees gathered to offer prayers and mark the awakening of Lord Vishnu, maintaining the tradition with devotion in a modest yet meaningful manner.

### **Kartik Purnima / Dev Diwali**

Kartik Purnima, also celebrated as Dev Diwali, was observed with diya lighting and brief prayers. Devotees participated with great reverence, creating a serene and divine atmosphere in the Mandir.

### **Gita Pravachan & Gita Path**

The Mandir organized a special **Gita Pravachan on 30th November**, where devotees gathered to listen to insightful explanations of the Bhagavad Gita's core teachings. The session beautifully highlighted the **relevance of Lord Krishna's wisdom in daily life**, inspiring reflection, clarity, and devotion among all participants.

This was followed by a **Gita Path (shlok recitation) on 1st December to mark Gita Jayanti**, during which devotees recited sacred shlokas together, creating an atmosphere of profound spiritual energy. These two days of learning and chanting brought the community closer, strengthening collective faith and understanding of Sanatan Dharma.

### **Upcoming Planned Activities**

With the Mandir's planned renovation almost complete, we are excited to introduce more activities that bring the community together and nurture spiritual growth. These initiatives aim to strengthen our connection with Sanatan Dharma, encourage learning, and provide opportunities for devotees of all ages to participate actively in Mandir life. Some of the upcoming activities include:

- **Baal Vihar:** In collaboration with **Chinmaya Mission**, offering engaging spiritual and cultural lessons for children. More details will be shared soon.
- **Astro Services:** In collaboration with **AstroDeva**, providing guidance and insights rooted in Vedic astrology. More information will follow shortly.
- **Yog Session:** Regular yog sessions designed to promote physical well-being, mindfulness, and inner balance. More information will follow shortly.

We invite suggestions for additional activities that align with the Mandir's values. Please share your ideas at email: [HelenaLundHinduMandir@gmail.com](mailto:HelenaLundHinduMandir@gmail.com)

## Mandir Updates

- (Acharya) **Krishna Kant Tiwari Ji**, a learned Vedic scholar and devoted priest from Varanasi India, visiting our Mandir. He arrived on 6<sup>th</sup> Nov and will be staying at the Mandir & taking part in daily poojas, rituals, and spiritual programs during his stay. His presence will bring divine inspiration and deeper spiritual connection to all our upcoming prayers and festivities. 🙏

Let us all join together to warmly welcome Pandit Ji and embrace this opportunity for spiritual growth and collective devotion. We look forward to many uplifting experiences of prayer, learning, and peace in the days ahead.



- **Bathroom renovation completed:** We are pleased to share that the Mandir's ground floor bathroom renovation has been completed. One bathroom/WC and two additional WCs are now fully functional, providing improved convenience and facilities for all devotees visiting the Mandir.
- As informed earlier, the **Mandir's main entrance has been reopened** following the completion of the bathroom renovation and pipe relining work.
- Additionally, **Bhandara Hall painting has been completed**. Soon, we will begin using the kitchen and Bhandara Hall for the weekly Sunday Bhandara.
- **WhatsApp group update:**
  - ✓ We have created a new WhatsApp community "Hindu Mandir Stockholm Community" and added both of Mandir's WhatsApp group in the community. This is to avoid any confusion about the WhatsApp groups.
  - ✓ As first WhatsApp group reached to maximum number of members limit therefore new group was created with name "*Hindu Mandir Stockholm (द्वितीय-समूह / Dvitiya-samūha)*". A new person can join the group using link: <https://chat.whatsapp.com/CU9w0mQWHRf6uM9XdB3xmn> or by scanning the QR code (on last page)
  - ✓ Same information will be shared on old and new groups.





## Operational updates

### **Donation Drive:**

- During November, the Mandir continued to receive generous donations towards the ongoing renovation
- Huge Thanks to all the devotees who donated with open hand and heart
- If anyone would like to contribute to this noble cause, please come forward and support the Mandir. Swish Link: <https://app.swish.nu/1/p/sw/?sw=1232180255&msg=DonationForRenovation&edit=msg>



### **Renovation status:**

Planned Renovation work at the Mandir is largely completed, with few tasks still ongoing. Many selfless devotees continue to actively contribute their time and skills in service of the Mandir.

- **Ground Floor Bathroom Renovation:** One bathroom/WC and two additional WCs on the ground floor are now fully functional.
- **Window Repairs:** Four broken window panes were replaced by a devotee.
- **Painting Work:**
  - Painting in the Main Bhavan is almost completed.
  - Painting in Shivalya and the adjacent room is completed.
  - Painting in Bhandara Hall is completed.
- **Lighting Upgrades:** Old ceiling lights have been replaced with modern, energy-efficient LED lights at many places throughout the Mandir. A few more lights are still to be replaced.
- **Thermostat Replacement:** Work is in progress to install new thermostats, which will help reduce energy consumption for heating and lower monthly costs.
- **Roof Work:** All roof-related work has been completed, including:
  - Replacement of the skylight window
  - Replacement of rotten roof wood
  - Repair of broken tiles and realignment of misplaced tiles

These improvements are part of our ongoing effort to enhance the Mandir's facilities, making it safer, more comfortable, and energy-efficient for all devotees.





## Operational updates contd..

**Here is the cost breakup for each work:**

**High-level Renovation Costs (incl. 25% moms) till date. Indicative - subject to final accounts and invoices**

Cost Item	Cost (SEK)	Notes
4 Toilets: 1. Rebuilding of one existing bathroom/toilet on Mandir's ground floor 2. Rebuilding of one existing toilet on Mandir's ground floor (This was locked for long time) 3. One new toilet built on Mandir's ground floor 4. Rebuilding of one existing bathroom/toilet in side building	480,000	Includes extra work for damaged pipes
Pipe Relining of all underground pipes (kitchen, toilets, changing room, etc)	260,000	
Ventilation System repair (which was not operational for many years), pipe spolning & standing	60,000	
Replacement of Roof's underlying rotten wood and damaged tiles	85,000	
Replacement of roof's damaged skylight window	25,000	
New carpet for Bhavan	60,000	Yet to arrive
Paint Material	55,000	ongoing
Electric fixtures including LED lights, wires, connectors, sockets, switches, etc.	25,000	ongoing
Tools, accessories, temporary setups during renovation, disposables (plates, cups, boxes, etc.)	40,000	ongoing
Wall repairs, Shivalya pipe repairs, El central tap & water pipe repairs. Thermostat, other small repairs	35,000	ongoing
<b>Total</b>	<b>1,125,000</b>	<b>*indicative</b>

**Note:** An insurance claim was submitted for the bathroom renovation and pipe relining work, but it was denied by the insurance company, citing lack of mandatory maintenance and timely repairs over the past several years.



## Mandir needs your support

**With Ram ji's blessings**, the planned renovation work is largely completed with few about to complete. Here is the updated list:

- ✓ Renovation of Toilets and Bathrooms: **Done**
- ✓ Relining of underground pipes and replacing damaged pipes. **Done**
- ✓ Ventilation System repair: **Done**
  - Anticimex Treatment (Pest control and hygiene)- Three appointments done. Fourth one is scheduled in december. **Ongoing**
- ✓ Roof Repairs and skylight window replacement: **Done**
  - Window and Wall Repairs: **Ongoing**
  - Painting of Walls and Roof (with help from devotees): **Ongoing**
  - Replacement of Lighting with LED fixtures: **Ongoing**
  - Carpet Replacement in Main Bhavan: **Order pending**
  - Instruments and Equipment for Mandir Bhajans and Aarti: **Planning**
  - Essential Tools for Renovation Work: **Buying as needed**
  - New Utensils for the Kitchen: **Planning**

The revised **estimated cost** of the total renovation is **1,250,000 SEK**

**This is your Mandir, and now more than ever, it needs you. If all families contribute in any way — time, money, or materials — we can restore and protect this sacred space for future generations.**

As of 30th November, in addition to regular donations and other sources of support, **more than 410K SEK** was received as marked for renovation.

We sincerely thank all devotees who have contributed so far. Your support is not just for bricks and walls, but for preserving Sanatan Dharma.

**“सेवा परमो धर्मः”**

Service is the highest form of Dharma.

**“धर्मो रक्षति रक्षितः”**

Dharma protects those who protect it.

It is your opportunity **to give back to the Mandir and have your name etched in preserving our sacred space for future generations.**

For donations: **Swish to 123 218 02 55** (mention **'DonationForRenovation'**)

For material contribution or volunteering: Contact any member of the Samiti or email [helenalundhindumandir@gmail.com](mailto:helenalundhindumandir@gmail.com)





## Spread the word!

Please encourage others around you to **Become a Member** to support your Mandir.

### **Benefits of Membership**

- ❖ You become a part of building a stronger, united Hindu community in Sweden
- ❖ You get timely updates of all activities in Mandir
- ❖ You can use certain services of the Mandir/Poojari

### **Why the Mandir needs You**

- ❖ Certain threshold of no. of members needed for getting grants from Swedish Govt.
- ❖ Mandir is in major need of renovation and your membership will help

### **Why the Mandir matters**

- ❖ Keep our kids connected to their roots through festivals, language, and values
- ❖ Celebrate together – from Diwali to Holi, Navratri to Janmashtami
- ❖ Spread awareness of our rich traditions and spiritual wisdom

### **Membership options**

Monthly Family Membership: A minimum of 101 kr/month.

Annual Individual Membership: **500 SEK/Year**

Annual Family Membership: **1000 SEK/Year**

Contribute via Swish: **123 218 0255**

Share payment proof at: [helenalundhindumandir@gmail.com](mailto:helenalundhindumandir@gmail.com)

If you have any questions or suggestions, feel free to reach out to us.



### **A Heartfelt Thank You !**

**Namaste** 🙏  
**Hindu Mandir Samiti**

Amit, Nishant, Sunil,  
Maneesh, Sanjiv,  
Vani, Meenal, Neelu,  
Tarunesh, Vaibhav,  
Karan





