



❀ Jai Shree Ram ❀

We are pleased to present the fifteenth edition of HMS monthly newsletter.

The month of May was relatively calm at the Mandir, with no major festivals or large-scale celebrations on the calendar. While the absence of major events may have made the Mandir seem quieter than usual, such periods are equally important in the life of a community. They provide an opportunity to pause, reflect, strengthen our foundations, and prepare for the busy months ahead.

Over the past year, our Mandir has witnessed continuous growth in both activities and participation. A quieter month allows volunteers, committee members, and devotees to focus on important behind-the-scenes work that supports the smooth functioning of the Mandir. Discussions during May focused on infrastructure improvements, **Parking management, community services, membership growth, educational programs**, and planning for future events.

This newsletter covers:

- **Mandir updates** – Pandit ji arrival, AGBM Protocol & updated Stadgar.
- **New key initiatives** – Sanskrit & Hindi classes, Matrimony Service.
- **Upcoming events** - Khatu Shyam ji Keertan and Vighrah Sthapna.

Jai Shree Shyam 🙏🙏

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Mandir update

Welcoming Acharya Pandit Dharmendra Upadhyay Ji

We are delighted to share that Acharya Pandit Dharmendra Upadhyay Ji has returned to our Mandir. He is a respected Vedic scholar and experienced priest from India.



The gentle raindrops that welcomed Stockholm upon his arrival felt like nature's own way of greeting Pandit Ji back to our Mandir family. Pandit Ji will be staying at the Mandir and joining us in daily poojas, rituals, and spiritual activities. His presence is a blessing and an opportunity for all devotees to receive his guidance and blessings.

We would also like to express our heartfelt gratitude to **Pandit Sujeet Mishra Ji, Pandit Vinay Purohit Ji, and Pandit Kuntal Ji**, who generously volunteered their time and services during the past month to ensure that the Mandir's daily poojas and religious activities continued smoothly.



Mandir update

AGBM Protocol & Updated Bylaws

We are pleased to inform all members that the **Protocol** (Minutes) of the Annual General Body Meeting (AGBM) 2026 and the **updated Hindu Mandir Bylaws (Stadgar)** have now been reviewed, approved, and published on the Mandir website.

The updated bylaws incorporate the amendments approved by the General Body, including provisions related to membership, board eligibility, nominations, term limits, transparency, and governance of the Mandir.

Members are encouraged to read these documents to stay informed about the decisions taken at the AGBM and the governance framework of Hindu Mandir.

Documents can be found at following link:

<https://www.mandirstockholm.com/documents>

Bhandara Secretary – Tuhina Rathor

As informed during the AGBM, a new post of Bhandara Secretary has been introduced.

Tuhina Rahor has kindly taken up this responsibility and will be looking after matters related to Bhandara and Inventory.

Exploring Improved Parking Management

Evaluating parking management solutions for the Mandir premises to help ensure proper utilization of parking spaces and improve convenience for all devotees. Further updates will be shared soon.



Upcoming Festivals, Cultural activities

Devotional Khatu Shyam Bhajan Sandhya – 25 June

On the auspicious occasion of **Nirjala Ekadashi (25-June)**, the Mandir, in collaboration with the Sweden Bhajan Mandali, will organize Shyam Baba Keertan, The evening will be filled with devotion as the Mandir will resonate with soulful bhajans dedicated to Shyam Baba, creating a deeply spiritual and uplifting atmosphere.

Haare Ka Sahara, Baba Shyam Hamara! 🙏

Khatu Shyam ji Vigrah Sthapana (10, 11, 12 Jul) - tentative

With the blessings of Shri Khatu Shyam Ji, we are delighted to announce the Shri Khatu Shyam Ji Murti Sthapana at our Mandir on 10,11,12-July-2026.

This will be a special three-day spiritual celebration, marking a historic milestone in the journey of our Mandir. The Murti Sthapana ceremonies will be performed with traditional Vedic rituals, offering devotees a unique opportunity to participate in this sacred occasion and seek the blessings of Shyam Baba.

We warmly invite all devotees and their families to join us and be part of this memorable event.

Hare Ka Sahara, Baba Shyam Hamara!



New Initiatives

Sanskrit Classes

We are pleased to announce the launch of Sanskrit classes at the Mandir, designed for children, youth, and adults interested in learning the language of our scriptures and enriching their understanding of Sanatan Dharma.

Classes will be offered in the following groups:

Group 1 – Children & Youth (Beginner Level)

Introduction to Sanskrit language & Learning common Shlokas

Group 2 – Children & Youth (Intermediate Level)

Sanskrit language development & Bhagavad Gita studies

Group 3 – Adults (Beginner Level)

Introduction to Sanskrit language & Learning Indian scriptures

Details regarding schedules, registration, & class timings will be shared.

Hindi Classes

We are pleased to announce the launch of Hindi classes at the Mandir for children interested in learning Hindi language skills.

Classes will be offered at two levels:

Beginner Level – for those new to Hindi or starting their learning journey.

Intermediate/Advanced Level – for participants who already have a basic understanding of Hindi and wish to improve their reading, writing, speaking, and comprehension skills.

Details regarding schedules, registration, & class timings will be shared.

Hindu Matrimony Services

We are launching **Hindu Matrimony Services** to help community members connect with suitable marriage prospects in a trusted and culturally aligned environment.

Individuals and families seeking matrimonial matches are invited to contact the Mandir for registration and further information.



New Initiatives

Hindu Community Connect

We are launching **Hindu Community Connect**, a monthly online series where community members can share knowledge, experiences, skills, and insights with one another.

We are fortunate to have members from a **wide range of professions**, backgrounds, and life experiences. We will have the opportunity to learn from one another, gain practical knowledge, and discover valuable resources and perspectives.

The goal is to learn from each other, raise awareness on topics relevant to our community, strengthen relationships, and build a stronger sense of belonging.

We welcome topic suggestions as well as volunteers who would like to speak or organize future sessions.

First Session:

Understanding the Swedish Education System

How Parents Can Support Their Children to Reach Their Full Potential



Date: Saturday, 18 July 2026



Time: 10:00 AM – 11:00 AM



Mode: Online

Topics

- Overview of the Swedish education system
- Preschool, Grundskola, Gymnasium, and Higher Education
- Grading system and admission criteria
- Language choices and future opportunities
- Mother Tongue support and benefits
- Interactive Q&A

Whether you are new to Sweden, have school-age children, or simply want to better understand the education system, this session will provide valuable insights and practical guidance.

Registration details will be shared separately.

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Regular Activities/Events

The Hindu Mandir offers a rich calendar of regular weekly activities and community services that are open to all devotees for spiritual growth, cultural learning, community bonding, and personal well-being throughout the year. Whether you are looking to deepen your spiritual practice, connect with fellow devotees, support your children's cultural education, or simply find a moment of peace in your week, there is something for everyone at our Mandir.



Weekly Sunday Bhandara

Every Sunday at 1:30 PM after Sunday Aarti. Shudh Satvik Bhojan (pure vegetarian food) served to the devotees. A wonderful opportunity for community bonding and spiritual nourishment.



Weekly Sunderkand Path

Every Tuesday from 5:15 PM to 6:30 PM. devotees participate every week in this sacred recitation. A deeply devotional practice that brings the community together in spiritual harmony.



Weekly Yoga Sessions

Every Saturday, 8:00–9:00 AM in collaboration with Yog Divya Mandir. Free, open to all. Please arrive a few minutes early and bring your own mat.



Bala Vihar

Free spiritual and cultural learning for children aged 5–15 years, every Sunday 11:30 AM–12:30 PM, in collaboration with Chinmaya Mission. Contact: +46 762 924 154 (WhatsApp).



School visits

Students and teachers from local schools visited the Mandir in May, fostering cultural awareness and inter-cultural understanding of Hindu traditions.



Astrology Services

Free Vedic birth chart readings for all Mandir members, in collaboration with AstroDeva. Contact: +46 738 741 273 (WhatsApp) for an appointment.



Join or Renew Your Mandir Membership

It is truly heartening to see the growing enthusiasm among devotees to serve. Many devotees are actively participating in various seva activities at the Mandir, and several new devotees have joined as first-time members.

Membership Registration and Renewal Drive: 2025 members will receive renewal reminders via SMS or WhatsApp or Email,

Why Your Membership Matters:

Government Grant Eligibility	Build a Stronger Community	Pooja by Pandit Ji
Help the Mandir qualify for Swedish government grants for religious communities.	Be part of creating a vibrant, united Hindu community in Sweden for present and future generations.	Exclusive puja ceremonies conducted by our Pandit ji, without any charge.

Our Goal for 2026

We aim to **reach 2,500 registered members** this year. Your membership is crucial in helping us achieve this milestone and strengthen our community.

How to Become a Member

Step-1	Step-2
Contribute for membership via Swish or Bank-Giro.	We will reach out to you via email, SMS, or WhatsApp with a Google Form link. Register your family details using the form link



Annual Family Membership: **1000 SEK/Year**

Contribute via Swish: **123 218 0255**

Contribute via Bank Giro: **5079-7737**

Swish Link:

<https://app.swish.nu/1/p/sw/?sw=1232180255&msg=HMS-Membership2026-YourName&edit=msg>



Namaste

🙏 *"The strength of a community lies not in the number of its members, but in the depth of their commitment to one another."*

Thank you for taking the time to read the newsletter. We hope it has kept you informed, inspired, and connected to the vibrant life of our Mandir community in Stockholm.

Why the Mandir matters

- ❖ Keep our kids connected to their roots through festivals, language, and values
- ❖ Celebrate together – from Diwali to Holi, Navratri to Janmashtami
- ❖ Spread awareness of our rich traditions and spiritual wisdom

If you have any questions or suggestions, feel free to reach out to us.

With Regards
Hindu Mandir Samiti

Amit, Nishant, Sunil, Maneesh, Sanjiv, Vani, Meenal, Neelu, Tarunesh, Vaibhav, Karan, Somendra, Abhishek, Rajat, Tuhina

Serving the community through Dharma, Seva, and Sanskriti 🙏

Stay Connected: Join/Follow us on social media

