



**Dear Devotees,**

Namaste! We are happy to bring you the fourth edition of our monthly newsletter, keeping you connected with the ongoing activities and developments at our Mandir.

**Thank you for your continued support and involvement,** it truly strengthens our community spirit..

### **Covered in this Newsletter**

- ❖ Operational updates
- ❖ Events and Activities
- ❖ Upcoming events during Sawan (Dedicated to Shivji)
- ❖ Renovation updates
- ❖ Request to support Mandir

**As informed in previous newsletter, *Sunday Timings has Changed***

- **New Opening Hours:** 11:00 AM to 4:00 PM (previously 12:00 PM to 5:00 PM)
- **Aarti Time:** Now at 1:00 PM (previously 2:00 PM)
- **Bhandara** (Community Meal): Now at 1:30 PM (previously 2:30 PM)





## Operational updates

### **Mandir Renovation Update – Ongoing Work and Unexpected Delays**

With Ram Ji's blessings, the **renovation of the Mandir bathroom** has officially begun. The **work began with a Ganesh Puja, Vishwakarma Puja, and Shilpa (instrument) Puja**, seeking divine grace for a smooth and successful project.

During the initial phase, after removing tiles and fixtures, the renovation team uncovered an **unexpected issue—a major water leakage** caused by **damaged sewage pipes** beneath the floor. This has unfortunately led to **structural damage** in the affected area.

A **detailed investigation** is currently in progress to assess the full extent of the damage. To move forward safely and effectively, it is essential that **all trapped water beneath the floor is completely dried** before repairs can continue. For this purpose, **dryers will be installed**, and the **drying process is expected to take several weeks**, causing a **delay in the overall renovation timeline**.

We sincerely appreciate the **patience and understanding** of all devotees during this period. The renovation is an important step toward improving the Mandir facilities for everyone's comfort and safety. We will continue to keep you updated as the work progresses.

**Thank you for your continued support**



#### **Visiting & Postal Address**

Åkervägen 1  
19140 Sollentuna  
Sweden

#### **Administrative Details**

Org. No. 802405-9449  
Bankgiro: 5079-7737  
Swish: 1232180255

#### **Contacts**

Tel: +46 (0)8 357 222  
Email: [helenalundhindumandir@gmail.com](mailto:helenalundhindumandir@gmail.com)  
Web: [www.mandirstockholm.com](http://www.mandirstockholm.com)



## Events and Activities

### 3 Days Gita Gyan Yagya



With the divine blessings of **Yogeshwar Shri Krishna**, HMS, organized a three-day **Geeta Gyaan Yagya** from 6th to 8th June. This spiritually uplifting event was graced by the esteemed **Pandit Satyavrat Shastri ji** from India, whose profound and insightful discourses on the Bhagavad Geeta deeply inspired and touched the hearts of all attendees.



Devotees from across Sweden gathered in large numbers to participate in this sacred gathering, immersing themselves in the timeless wisdom of Sanatan Dharma. The atmosphere at the Mandir was filled with devotion, peace, and divine energy throughout the three days.

We extend our heartfelt gratitude to all volunteers, devotees, and well-wishers who contributed to the success of this event. May the teachings of the Geeta continue to guide us all on the path of righteousness and spiritual growth.

**Jai Shri Krishna!**

### School visits

HMS hosted students and teachers from IES. The guests were introduced to the principles of Hinduism, the significance of our deities, the importance of rituals, and the philosophies of Sanatan Dharma. Prasad and light refreshments were offered to the guests.

The visitors showed great interest and asked thoughtful questions, sparking lively discussions and deeper understanding.





## Events and Activities

### Temple Garden Seva – Heartfelt Thanks to All Volunteers

We are delighted to share that the **Mandir garden has been beautifully transformed**, thanks to the **dedicated efforts of our volunteers**. Devotees came forward with great enthusiasm, offering **plants, soil, gardening tools**, and most importantly, their **time, energy, and devotion** to this noble cause.

A wonderful variety of **plants were planted—from vibrant flowers to nourishing vegetables**.



### Belpatra Plant at Mandir – A Sacred Offering to Lord Shiva

We are pleased to share that **Belpatra seeds, lovingly offered by a devotee, have been planted in a pot at the Mandir**. The Belpatra (Bilva) plant holds deep spiritual significance in Sanatan Dharma and is especially beloved by Lord Shiva. We are happy to report that the **seeds have sprouted, and young Belpatra plants are now growing**. Although still small, the pot will be placed near the Shivling during the month of Sawan.





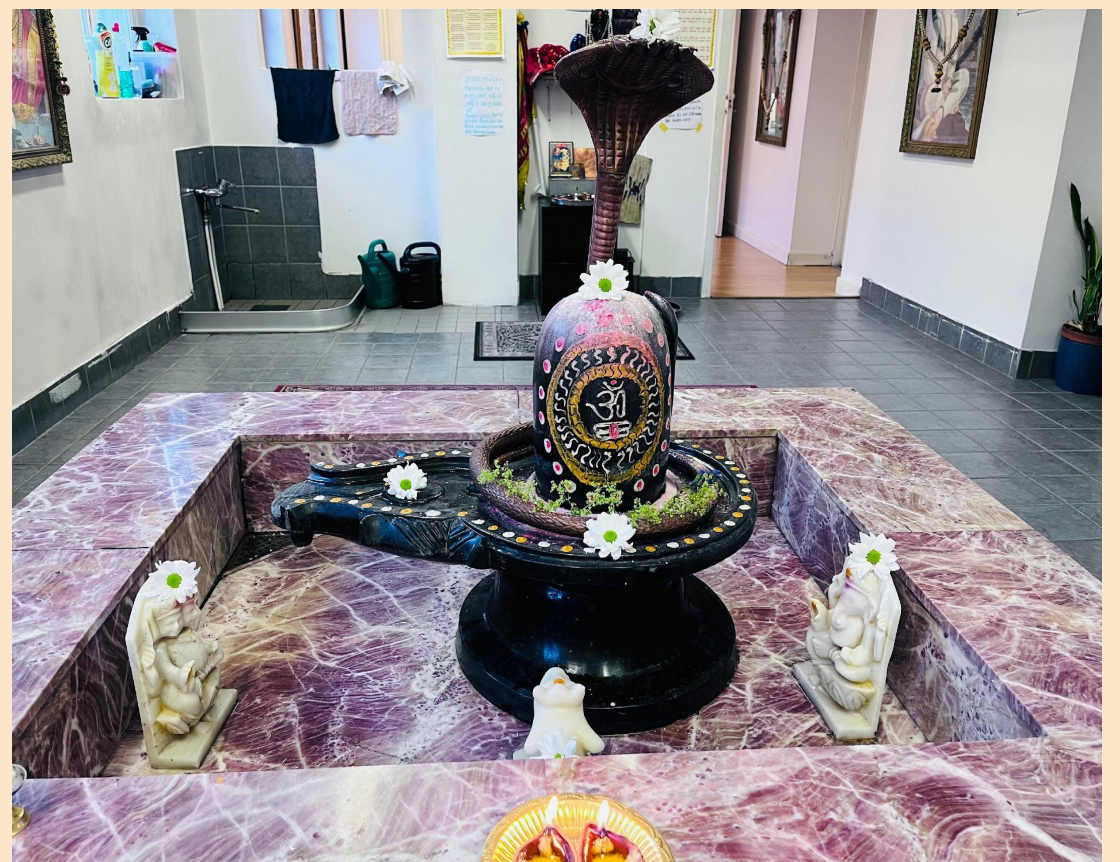
## Upcoming event

### Upcoming Sawan Celebrations

ॐ The sacred month of **Sawan** begins on **11th July**, a time of deep devotion to **Lord Shiva** and spiritual reflection for devotees.

The Mandir Samiti is planning a special series of spiritual activities to honor **Lord Shiva** during the upcoming **month of Sawan**, one of the holiest times for Shiva bhakts.

- ◆ **Rudrabhishek** – To be held **daily or every Monday (Somvar)** throughout the month. Devotees will have the opportunity to **pre-book and actively participate** in performing the Rudrabhishek.
- ◆ **Sawan Shivratri Celebrations** – A special Shivratri Pooja will be held at the Mandir, with detailed rituals, Aarti, and devotional offerings.
- ◆ **24-Hour “Om Namah Shivaya” Mahajaap** – A continuous collective chanting session of the Mahamantra is also being planned during Sawan, invoking divine energy and community devotion.



Final schedules, booking links, and participation guidelines will be announced soon.



We invite all devotees to join hands and hearts in this spiritually charged month and seek the blessings of Mahadev together.



## Mandir needs your support

**With Ram ji's blessings** renovation work has began. As mentioned in this newsletter, some damage has been discovered during initial renovation phase, the investigation is still in progress but this will increase total cost of the renovation. Here is the list of renovation activities planned (new renovation points will be added in this list after current investigation is finished):

1. Renovation of Toilets and Bathrooms
2. Anticimex Treatment (Pest control and hygiene)
3. Roof Repairs
4. Window and Wall Repairs
5. Painting of Walls and Roof (with help from devotees)
6. Replacement of Lighting with LED fixtures
7. Carpet Replacement in Main Bhavan
8. Instruments and Equipment for Mandir Bhajans and Aarti
9. Essential Tools for Renovation Work
10. New Utensils for the Kitchen

The current **estimated cost** of the renovation is **700,000 SEK.**

**This is Your Mandir. If each family contributes in any way – time, money, or materials – we can together ensure that future generations have a clean, safe, and beautiful space to connect with their faith.**

We humbly appeal to all devotees and well-wishers to generously contribute toward this noble cause. Your support is not just for bricks and walls, but for **preserving Sanatan Dharma and our sacred Mandir** for generations to come.

**“सेवा परमो धर्मः”**

Service is the highest form of Dharma.

**“धर्मो रक्षति रक्षितः”**

Dharma protects those who protect it.

Let us come together in the spirit of Seva and Shraddha, and help strengthen the foundation of our community, spiritually and physically.

It is your opportunity **to give back to the Mandir and have your name etched in preserving our sacred space for future generations.**

For donations: **Swish to 123 21 80 255** (mention **'DonationForRenovation'**)

For material contribution or volunteering: Contact any member of the Samiti or email [helenalundhindumandir@gmail.com](mailto:helenalundhindumandir@gmail.com)





## Spread the word!

Please encourage others around you to **Become a Member** to support your Mandir.

### **Benefits of Membership**

- ❖ You become a part of building a stronger, united Hindu community in Sweden
- ❖ You get timely updates of all activities in Mandir
- ❖ You can use certain services of the Mandir/Poojari

### **Why the Mandir needs You**

- ❖ Certain threshold of no. of members needed for getting grants from Swedish Govt.
- ❖ Mandir is in major need of renovation and your membership will help

### **Why the Mandir matters**

- ❖ Keep our kids connected to their roots through festivals, language, and values
- ❖ Celebrate together – from Diwali to Holi, Navratri to Janmashtami
- ❖ Spread awareness of our rich traditions and spiritual wisdom

### **Membership options**

Monthly Family Membership: A minimum of 101 kr/month.

Annual Individual Membership: **500 SEK/Year**

Annual Family Membership: **1000 SEK/Year**

Contribute via Swish: **123 218 0255**

Share payment proof at: [helenalundhindumandir@gmail.com](mailto:helenalundhindumandir@gmail.com)

If you have any questions or suggestions, feel free to reach out to us.

**A Heartfelt Thank You !**

We take this opportunity to also thank everyone who is supporting the Samiti in many ways. Both, people who have managed the Mandir for several years, as well as others who are coming forward to support us to work for the Mandir. **Big Thanks** to all of You.

**Namaste** 🙏

**Hindu Mandir Samiti**

Amit, Nishant, Sunil,  
Maneesh, Sanjiv, Vani,  
Meenal, Neelu, Tarunesh,  
Vaibhav, Karan



123-218 02 55