



Namaste!

We're pleased to bring you the **Sixth edition of our monthly newsletter.**

Chaturmas is a sacred period in Indian culture, filled with devotion and festivals. The first half of August was marked by the holy month of Sawan, followed by Bhadrapada in the second half. During this time, our Mandir came alive with prayers, celebrations, and community gatherings as we observed many important festivals together.

This month's newsletter covers:

- * Festivals and cultural activities
- * Upcoming events
- * Renovation updates

Let us continue to stay **connected, inspired, and devoted** as we walk together on the path of Dharma.

जय गणेशाय नमः!

हर हर महादेव! ॐ नमः शिवाय!

जय श्री कृष्ण!

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Festivals and Cultural Activities

Daily Rudrabhishek During the Holy Month of Sawan

In the auspicious month of Sawan, the Mandir continued daily Rudrabhishek to Lord Shiva.. In total **128** families participated

Rakhi celebration

The sacred festival of Rakhi was celebrated with devotion and joy at the Mandir. We were honored by the presence of the Indian Ambassador and the Chairman of Municipal Council, Sollentuna Kommun. Little girls tied Rakhis to both dignitaries

Ganesh utsav

The joyous Ganesh Utsav began with the Ganpati Sthapana, as Lord Ganesha was brought into the Mandir. Many devotees participated in this sacred process, performing the rituals with Vedic chants.

Akhand “Om Namah Shivay” jaap

Akhand Jaap of “Om Namah Shivay” was performed, filling the Mandir with peace and spiritual energy. Many devotees participated wholeheartedly in the chanting

Janmashtami Celebration

The birth of Lord Krishna was celebrated with great enthusiasm through bhajans, kirtans by devotees and **Sweden Bhajan Mandali**, Palki Sawari, Krishna Jhoola, and cultural performances. The midnight Aarti created a truly divine atmosphere for all devotees.

Hartalika Teej celebration

The Mandir observed Hartalika Teej with special pooja and katha dedicated to Goddess Parvati and Lord Shiva. Married women offered prayers for the wellbeing of their families and long-lasting marital bliss.

Clay Ganesha making workshop

A special Ganesh Murti making activity was organized for children and families. The eco-friendly workshop encouraged creativity, devotion, and connected younger generations with tradition in a joyful way.



Events and Activities





Upcoming events

Ganesh Utsav celebrations is ongoing.

The Visarjan will take place on 6th September at 5:00 PM in the Mandir Garden. Devotees who wish to perform Visarjan of their Ganesh ji are warmly invited to bring them to the Mandir.

A Total Lunar Eclipse will occur on 7th September.

The Mandir will remain closed after the morning Aarti on 7th September and will reopen on 8th September at 7:00 AM following the purification rituals.

Shradh/Pitra Paksh will be observed from 7th September to 21st September.

The Mandir will conduct daily **Shradh Pooja (Tarpan) every morning at 9:00 AM**, dedicated to the souls of departed family members, including parents, grandparents, and other close relatives.

Family members wishing to perform this ritual for their loved ones are invited to attend. To make arrangements, please contact us at helenalundhindumandir@gmail.com. Further details will be shared soon.

Sarvpitra Amavasya Sunday, 21-Sep:

Shradh Pooja (Tarpan) at 8:30 AM. **Hawan** will be organized from 9:00 AM. Family members wishing to perform this ritual for their loved ones are invited to attend. To make arrangements, please contact us at helenalundhindumandir@gmail.com. Further details will be shared soon.

Navratri from 22-Sep to 2-Oct:

In collaboration with Sweden Bhajan Mandali, we are planning to organize a Mata ki Chowki (or Jagaran) on 26th September, depending upon the renovation status. Further details will be shared soon.

Operational updates

Renovation is currently in progress, with multiple tasks being carried out simultaneously. The following tasks were completed in August

- ❖ As mentioned in previous newsletters, the bathroom renovation was halted due to broken pipes. We contacted several companies to carry out the necessary relining work. **A major update is that the pipe relining was completed on 30th August**, and the bathroom renovation has now resumed.
- ❖ Most of **the 1st floor has been painted**, and the remaining areas on the 1st floor are expected to be completed in September.
- ❖ **New LED lights have been installed** on the 1st floor, replacing the old tube lights.



Dehumidifier to dry water under the floor



Water removed by dehumidifier.



Bathroom/WC work in progress



Pipe Relining



Mandir needs your support

With Ram ji's blessings renovation work is ongoing and some good process has been made. Here is the updated list:

1. Renovation of Toilets and Bathrooms: **Ongoing**
2. ~~Relining of underground pipes and replacing damaged pipes.~~ **Done**
3. Anticimex Treatment (Pest control and hygiene)- **Booked an appointment**
4. Roof Repairs: **Getting quotes**
5. Window and Wall Repairs: **Getting quotes**
6. Painting of Walls and Roof (with help from devotees): **Ongoing**
7. Replacement of Lighting with LED fixtures: **Ongoing**
8. Carpet Replacement in Main Bhavan: **Planning**
9. Instruments and Equipment for Mandir Bhajans and Aarti: **Planning**
10. Essential Tools for Renovation Work: **Buying as needed**
11. New Utensils for the Kitchen: **Planning**

The revised **estimated cost** of the renovation is **1,250,000 SEK.**

This is your Mandir, and now more than ever, it needs you. If all families contribute in any way — time, money, or materials — we can restore and protect this sacred space for future generations.

As of 31st August, we have received 224,000 SEK for the renovation. We sincerely thank all devotees who have contributed so far. Your support is not just for bricks and walls, but for preserving Sanatan Dharma. **We kindly urge others** to come forward and donate whatever they can. Every contribution makes a difference.

“सेवा परमो धर्मः”

Service is the highest form of Dharma.

“धर्मो रक्षति रक्षितः”

Dharma protects those who protect it.

It is your opportunity **to give back to the Mandir and have your name etched in preserving our sacred space for future generations.**

For donations: **Swish to 123 218 02 55** (mention ‘**DonationForRenovation**’)

For material contribution or volunteering: Contact any member of the Samiti or email helenalundhindumandir@gmail.com



Spread the word!

Please encourage others around you to **Become a Member** to support your Mandir.

Benefits of Membership

- ❖ You become a part of building a stronger, united Hindu community in Sweden
- ❖ You get timely updates of all activities in Mandir
- ❖ You can use certain services of the Mandir/Poojari

Why the Mandir needs You

- ❖ Certain threshold of no. of members needed for getting grants from Swedish Govt.
- ❖ Mandir is in major need of renovation and your membership will help

Why the Mandir matters

- ❖ Keep our kids connected to their roots through festivals, language, and values
- ❖ Celebrate together – from Diwali to Holi, Navratri to Janmashtami
- ❖ Spread awareness of our rich traditions and spiritual wisdom

Membership options

Monthly Family Membership: A minimum of 101 kr/month.

Annual Individual Membership: **500 SEK/Year**

Annual Family Membership: **1000 SEK/Year**

Contribute via Swish: **123 218 0255**

Share payment proof at: helenalundhindumandir@gmail.com

If you have any questions or suggestions, feel free to reach out to us.

A Heartfelt Thank You !

We take this opportunity to also thank everyone who is supporting the Samiti in many ways. Both, people who have managed the Mandir for several years, as well as others who are coming forward to support us to work for the Mandir. **Big Thanks** to all of You.

Namaste 🙏

Hindu Mandir Samiti

Amit, Nishant, Sunil,
Maneesh, Sanjiv, Vani,
Meenal, Neelu, Tarunesh,
Vaibhav, Karan



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